

# Same-Day Surgery Center

At Eagan Orthopedic Surgery Center, our skilled team of surgeons provide same-day surgery to children and adults whose treatment does not require an overnight hospital stay. The team of experienced anesthesia staff, registered nurses, surgical technicians and surgeons work together to ensure each patient experiences superior surgical results in a safe, comfortable and private setting.



## PRE-SURGERY CHECKLIST

### 30 Days Prior to Surgery

- ☐ The night before your surgery, complete your first shower using Hibiclens®/CHG antibacterial soap. Please refer to preoperative CHG Shower Instructions.
- ☐ Schedule an appointment for your history and physical with your primary care physician, within 30 days of your surgery. Please have it faxed to 952-456-7101 at least 7 days prior to your scheduled surgery.

Medications: Discuss all medications/supplements you currently take with your family physician. If you currently take any medication (blood thinners) or aspirin, talk to the prescribing doctor about dosing before and after surgery.

- ☐ Complete your Pre-Admission Survey.

If a cell phone number was provided, you will receive a text message from Eagan Orthopedic Surgery Center asking you to “opt in” for text messaging. If you agree and respond “Yes”, you will receive a text with a link to complete your pre-admissions survey. If you do not “opt in”, you will receive this link via email if email was provided.

If an email or cell phone was not provided, a paper copy will be provided to complete upon check-in. Please bring a list of your medications to complete this form.

### 7 Days Prior to Surgery

- ☐ Verify that you have a ride home from surgery. You cannot use a cab or drive home after surgery. Your driver must be at least 18 years of age and be available immediately after your surgery is completed to receive your discharge instructions. We recommend they stay at the surgery center during your procedure so they can meet you in recovery and receive these instructions in person.
- ☐ Verify that you have a responsible adult to stay with you for at least 24 hours after surgery. We require this for all patients, and please be aware that additional help may be needed after 24 hours.

### 24 Hours Prior to Surgery

- ☐ The night before your surgery, complete your first shower, using Hibiclens®/CHG antibacterial soap (if instructed to do so). Please refer to preoperative CHG shower instructions.
- ☐ Follow instructions for stopping all food, drink and tobacco products, provided by the preoperative phone call (the surgery center will call or text 48-72 hours prior to your surgery date).

### Day of Surgery

- ☐ Prior to arrival complete your second shower using Hibiclens®/CHG antibacterial soap.
- ☐ Do not wear contact lenses on day of surgery and bring case for glasses.
- ☐ Please follow the plan for medication dosing as instructed by your primary care physician. Wear your hearing aids, if applicable.
- ☐ Bring your inhaler, if applicable.
- ☐ Wear large, loose-fitting clothing that you can easily take off and put on before and after surgery. You may need to cover large bandages, slings or a cast. Be sure your clothing will accommodate your surgical dressing. You may bring a sports bra.
- ☐ Bring your I.D. and insurance card(s). Please leave all other valuables at home (jewelry, purses, etc.). Eagan Orthopedic Surgery Center is not responsible for any lost or stolen items.
- ☐ Be prepared to drop your prescription off at a pharmacy on the way home. There is not an on-site pharmacy.
- ☐ Bring CPAP machine, if applicable.
- ☐ Bring any durable medical equipment (crutches, boots, slings, etc.) that you may have received at your clinic appointment.
- ☐ Bring this folder to surgery appointment.

## HIBICLENS ANTIBACTERIAL SOAP

### Where to Purchase or Obtain Hibiclens®/CHG?

CHG or Hibiclens® is available for purchase at local pharmacies and retail stores such as Walgreens, CVS, Target, and Walmart. You may also obtain Hibiclens® at the following locations for no charge:

- Blaine - Blaine Orthopedic Surgery Center (3rd floor)
- Chaska - Two Twelve Surgery Center (3rd floor, Suite 340)
- Eagan - Eagan Orthopedic Surgery Center (3rd floor)
- Edina - Crosstown Surgery Center (3rd floor)
- Plymouth - Plymouth Orthopedic Surgery Center (3rd floor)

If you are unable to obtain CHG or Hibiclens®, please contact your surgeon's clinic coordinator for assistance with alternative resources.

### Why are Preoperative Showers Important Prior to Surgery?

Completing these preoperative showers before surgery is an important step toward reducing your risk of a surgical site infection.

### Preoperative Showering Instructions

For step-by-step instructions, refer to the CHG Shower Instructions handout included in your surgical packet or visit the patient forms section on our surgery center website.

## DIRECTIONS

### FROM THE SOUTH

Take I-35 N E - Follow signs for St. Paul  
Use the right 2 lanes to take Exit 99A-99B to merge onto I-494 E  
Take Exit 69 for Dodd Rd/MN-149 S  
Use the left lane to turn left onto Dodd Rd/MN-149 S  
Use the left 2 lanes to turn left onto Vikings Parkway  
Enter the roundabout and take the second exit onto Vikings Parkway  
Turn left onto Vikings Circle  
For TCO parking, turn right into the surface parking lot

### FROM THE NORTH

Take I-35E South towards Mendota Heights Take Exit 99A to merge onto I-494E  
Take Exit 69 for Dodd Rd/MN-149 S  
Use the left lane to turn left onto Dodd Rd/MN-149 S  
Use the left 2 lanes to turn left onto Vikings Parkway  
Enter the roundabout and take the second exit onto Vikings Parkway  
Turn left onto Vikings Circle  
For TCO parking, turn right into the surface parking lot

### FROM THE EAST

Take I-494 W to Dodd Rd/MN-149 Sin Eagan Take Exit 69 from I-494 W  
Use the left lane to turn left onto Dodd Rd/MN-149 S  
Use the left 2 lanes to turn left onto Vikings Parkway  
Enter the roundabout and take the second exit onto Vikings Parkway  
Turn left onto Vikings Circle  
For TCO parking, turn right into the surface parking lot

### FROM THE WEST

Take I-494 E to Dodd Rd/MN-149 Sin Eagan  
Use the left lane to turn left onto Dodd Rd/MN-149 S  
Use the left 2 lanes to turn left onto Vikings Parkway  
Enter the roundabout and take the second exit onto Vikings Parkway  
Turn left onto Vikings Circle  
For TCO parking, turn right into the surface parking lot



EAG 234 (08/26)



NAME \_\_\_\_\_

DATE OF SURGERY \_\_\_\_\_

PROCEDURE \_\_\_\_\_

SURGEON \_\_\_\_\_

**Eagan Orthopedic Surgery Center**

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[EaganOrthopedicSurgeryCenter.com](http://EaganOrthopedicSurgeryCenter.com)