

SURGERY INFORMATION

Crosstown Surgery Center
4010 W. 65th St. Suite 300, Edina, MN 55435
P: (952) 456-7300 • F: (952) 456-7399
CrosstownSurgeryCenter.com

Eagan Orthopedic Surgery Center
2700 Vikings Circle, Suite 300, Eagan, MN 55121
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EaganOrthopedicSurgeryCenter.com

SURGERY INFORMATION

Patient: _____

Surgeon: _____

Procedure: _____

IMPORTANT

IMPORTANT DATES AND TIMES

Date of Surgery: ____ / ____ / ____

ARRIVAL TIME: THE SURGERY CENTER WILL CONTACT YOU PRIOR TO YOUR PROCEDURE WITH PRE-SURGICAL/PROCEDURAL INFORMATION AND YOUR ARRIVAL TIME. MOST PATIENTS ARRIVE 1-2 HOURS BEFORE SURGERY TIME.

Date/Time of Post-Op Appointment: _____



The surgery center will inform you when to stop eating and drinking.

Please refrain from using alcohol or tobacco products 24 hours prior to your surgery.

Failure to comply with appropriate arrival times and all provided instructions may result in a delay or cancellation of your surgery.

Pre-Surgery Checklist (30 days prior to surgery)

- Please call your insurance company to confirm your financial responsibilities for the surgery.
- Schedule an appointment for your history and physical with your primary care physician, within 30 days of your surgery. Please have it faxed *at least 7 days* prior to your scheduled surgery date.

MEDICATIONS: Discuss all medications/supplements you currently take with your family physician. IF YOU CURRENTLY TAKE ANY ANTICOAGULATION MEDICATION (BLOOD THINNERS) OR ASPIRIN, TALK TO THE PRESCRIBING DOCTOR about dosing before and after your surgery.

Pre-Surgery Checklist (7 days prior to surgery)

- Verify your ride to and from the surgery center. You will NOT be allowed to use a cab, walk or drive yourself home. Your driver must be at least 18 years of age. We request that a responsible adult stay at the surgery center for the entirety of your procedure. If they are unable to stay, they must be **IMMEDIATELY** available after your surgery is completed. They will be receiving your discharge instructions.
- For your safety, identify who will be the caregiver staying with you for 24 hours after surgery. Depending on your surgery, additional help may be needed after 24 hours.
- If you develop a fever, cough, sore throat, infection or other illness within 1 week prior to surgery – please call the surgery center.

Pre-Surgery Checklist (24 hours prior to surgery)

- The night before your surgery, complete your first shower, using Hibiclens antibacterial soap (if instructed to do so). Please see provided literature for instructions on obtaining and using Hibiclens soap.
- Please remove any nail polish prior to your procedure.
- Follow instructions for stopping all food, drink and tobacco products.

Pre-Surgery Checklist (day of surgery)

- Prior to arrival, complete your second Hibiclens shower (if instructed to do so).
- Prior to arrival, please remove all jewelry.
- If you wear contact lenses or glasses, bring your case.
- Please follow the plan for medication dosing as instructed by your primary care physician.
- Wear your hearing aids, if applicable.
- Bring your inhaler, if applicable.
- Wear large, loose fitting clothing (no jeans) that you can easily take off and put on before and after your surgery. You may need to cover large bandages, slings or a cast. Be sure your clothing will accommodate your surgical dressing. You may bring a sports bra.
- Bring your I.D. and Insurance Card(s). Please leave all other valuables at home (Jewelry, purses, etc.)
- Prepare to drop your prescriptions off at a pharmacy on the way home. There is not a pharmacy on-site.
- Bring CPAP machine, if applicable.
- Bring any durable medical equipment (crutches, boots, slings, etc.) that you may have received at your clinic appointment.