

Pre-Surgery Checklist (30 days prior to surgery)

- Please call your insurance company to confirm your financial responsibilities for the surgery.
- Schedule an appointment for your history and physical with your primary care physician, within 30 days of your surgery. Please have it faxed *at least* 3 days prior to your scheduled surgery date.

MEDICATIONS: Discuss all medications/supplements you currently take with your family physician. IF YOU CURRENTLY TAKE ANY ANTICOAGULATION MEDICATION (BLOOD THINNERS) OR ASPIRIN, TALK TO THE PRESCRIBING DOCTOR about dosing before and after your surgery.

- Complete your online pre-surgical medical history. **This is to be done in addition to your preoperative physical.**

Please go to surgery center's website listed on the front cover.

Click "Click Here for your Pre-Operative Assessment".

Check the box to accept [Terms of Use](#) and click "Register" or "Sign-In".

Complete the registration and medical history screens, click Finish to submit your Medical passport to our facility.

If you need help with this process, please use the help link on the left side of the screens.

If you do not have access to a computer, the internet and/or need additional assistance, please call (952)456-7351 to talk to a pre-registration staff member.

Pre-Surgery Checklist (7 days prior to surgery)

- Verify your ride to and from the surgery center. You will NOT be allowed to use a cab, walk or drive yourself home. Your driver must be at least 18 years of age. We request that a responsible adult stay at the surgery center for the entirety of your procedure. If they are unable to stay, they must be **IMMEDIATELY** available after your surgery is completed. They will be receiving your discharge instructions.
- For your safety, identify who will be the caregiver staying with you for 24 hours after surgery.
- If you develop a sore throat, fever, cold or infection please call the surgery center.

Pre-Surgery Checklist (24 hours prior to surgery)

- The night before your surgery, complete your first shower, using Hibiclens antibacterial soap. Please see provided literature for instructions on obtaining and using Hibiclens soap.
- Please remove any nail polish or artificial nails.
- Follow instructions for stopping all food, drink and tobacco products, provided by the preoperative nurse phone call (the surgery center will call 48-72 hours prior to your surgery date). You can write this information on the cover of this folder under the IMPORTANT section.

Pre-Surgery Checklist (day of surgery)

- Prior to arrival, complete your second shower, using Hibiclens antibacterial soap.
- If you wear contact lenses or glasses, bring your case.
- Please follow the plan for medication dosing as instructed by your primary care physician.
- Wear your hearing aids, if applicable.
- Bring your inhaler, if applicable.
- Wear large, loose fitting clothing that you can easily take off and put on before and after your surgery. You may need to cover large bandages, slings or a cast. Be sure your clothing will accommodate your surgical dressing.
- Bring your I.D. and Insurance Card(s). Please leave all other valuables at home (Jewelry, purses, etc..)
- If you are being seen at Crosstown Surgery Center or Eagan Orthopedic Surgery Center, prepare to drop your prescriptions off at a pharmacy on the way home. The Crosstown Surgery Center and Eagan Orthopedic Surgery Center locations do not have an on-site pharmacy.
- Bring CPAP machine, if applicable.
- Bring any durable medical equipment (crutches, boots, slings, etc.) that you may have received at your clinic appointment.
- Bring this folder to surgery appointment.

SURGERY INFORMATION

- Crosstown Surgery Center**
4010 W. 65th St. Suite 300, Edina, MN 55435
P: (952) 456-7300 • F: (952) 456-7399
CrosstownSurgeryCenter.com
- Two Twelve Surgery Center**
111 Hundertmark Rd. Suite 340, Chaska, MN 55318
P: (952) 456-7900 • F: (952) 456-7901
TwoTwelveSurgeryCenter.com
- Eagan Orthopedic Surgery Center**
2700 Vikings Circle, Suite 300, Eagan, MN 55121
P: (952) 456-7100 • F: (952) 456-7101
EaganOrthopedicSurgeryCenter.com
- West Health Surgery Center**
2855 Campus Dr. Suite 200, Plymouth, MN 55441
P: (763) 302-2200 • F: (763) 302-2801
WestHealthSurgeryCenter.com

SURGERY INFORMATION

Patient: _____

Surgeon: _____

Procedure: _____

IMPORTANT

IMPORTANT DATES AND TIMES

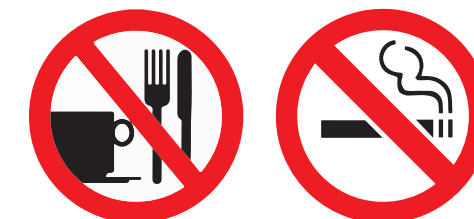
Date of Surgery: _____

Estimated Arrival Time: _____

*Actual Arrival Time: _____

Date of Post-Op Appointment: _____

***Please Note:** The surgery center will call 2-3 days prior to your surgery date to give exact arrival time.



Do not eat solid foods or consume dairy products past: _____

Do not consume water past: _____

Please refrain from using alcohol or tobacco products 24 hours prior to your surgery.

Failure to comply with appropriate arrival times and all provided instructions may result in a delay or cancellation of your surgery.